

Goddard Aerobic Fitness Club

June 2014

Body Sculpting

STARTING - Tuesday, June 3, 2014

LOCATION - Building 28 West Lobby
- Ground Floor -

COST - Your Choice



Body Sculpting

- ➡ \$42 Body Sculpting (Session = 6 classes)
\$8.00 Walk-Ins / per class

Open to All

Male & Female ages 16 & up
Contractor, Civil Servant, Co-Op, Interns, Spouses of
- anyone 16 & up that can get on base are welcome -

CLASS SCHEDULE

Body Sculpting – Every Tues & Thurs

4:30 - 5:30 pm (June 3 – 26, no class on June 10 & 12)



- ✓ Please Bring Water
- ✓ Please Bring A Mat and/or Towel
- ✓ Please Wear Comfortable Clothes
- ✓ Please Wear Supportive Shoes
- ✓ Light Weights Recommended (but optional)

REGISTRATION TAKES PLACE PRIOR TO THE START OF CLASS

For Further Information, Contact Terri Lynne Hynson
on 301-286-2210

E-mail: Terri.L.Hynson@nasa.gov

